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June 4th, 2018 - Continuing our review of The Real Meal Revolution cholesterol issue In the book and other posts on the Internet Noakes and his co authors refer to the

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cholesterol question' **'bol com The  
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*April 16th, 2016 - The Real Meal  
Revolution Scientists labelled fat  
the enemy they were wrong Time  
magazine We ve been told for years  
that eating fat is bad for us that  
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**'The Real Meal Revolution Quivertree Publications**

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Proudfoot '***The Real Meal Revolution***  
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'The Real Meal Revolution by Jonno Proudfoot Angus  
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'The Real Meal Revolution Professor Tim Noakes Jonno  
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*'A review of The Real Meal Revolution Banting Diet*

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*June 5th, 2018 - A summary of a number of reviews of the the Banting book The Real Meal Revolution by Prof Tim Noakes et al and comment on its accuracy'*

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*Professor Tim Noakes with Rakuten Kobo Scientists labelled fat the enemy they were wrong'*

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*Noakes diet Take control of your health and weight by understanding how to shop how to eat how to cook and why you should bant* 'The Real Meal Revolution Brian s Story

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June 20th, 2018 - The only 12 week online Banting program developed by a professional chef Results cannot be guaranteed and may vary'

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Revolution Health24

March 27th, 2018 - Tim Noakes and Jonno Proudfoot discuss their book **The Real Meal Revolution and carbohydrate intolerance'**

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**'The Real Meal Revolution The Radical Sustainable**

*July 29th, 2015 - Amazon com The Real Meal Revolution The Radical*

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