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conceptual human or man 3D anatomy body with muscle isolated on background metaphor'

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***July 8th, 2018 - Chapter 10 Anatomy of the Muscular System 349 Figure 10 1Structure of a muscle***

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*identical bilateral muscles found on both sides resulting in approximately 320 pairs of muscles as presented in this article Nevertheless the exact number is difficult to define because different sources group"***Muscle Anatomy Human Anatomy Chart King of the Gym**

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**'Muscle Wikipedia**

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**'Muscle Wikipedia**

**July 9th, 2018 - The gross anatomy of a muscle is the most important indicator of its role in the body There is an important distinction seen between pennate muscles and other muscles In most muscles all the fibers are oriented in the same direction running in a line from the origin**

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**'Anatomical terms of muscle Wikipedia**

**July 7th, 2018 - Anatomical terms of muscle [Jump to navigation](#) [Jump to search](#) This article is part of a series on [Anatomical terminology](#) [Bone Location](#)'**

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July 8th, 2018 - LibraryThing Review User Review celesteporche LibraryThing This book has very clear informative illustrations that show exactly what individual muscle and muscle group is worked by a particular exercise The majority of the illustration is black and white'

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**purpose is to allow movement of the body it maintains posture and circulates blood throughout the body There are three types of muscles in the human body classified as skeletal muscle smooth muscle and cardiac muscle Skeletal muscles are attached to the skeleton and'**

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