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May 9th, 2020 - gershon ben keren is the bestselling author of krav maga real world solutions to real world violence krav maga tactical survival and krav maga extreme survival he holds a 5th degree black belt in krav maga the hand to hand bat system of the idf and was an inductee into the israeli martial arts hall of fame in hertzliya'

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'why krav maga may be your best survival gardening

April 5th, 2020 - krav maga can be practiced by men women and children of all ages since krav maga focuses on self preservation it teaches that physical altercations should be an absolute last resort krav maga is taught much like other martial arts krav maga awards belts that indicate rank just like karate or judo'

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'women s self defense boston posts facebook

April 17th, 2020 - women s self defense boston september 5 2019 as always it was a pleasure to talk on this topic with joe saunders and give some of my personal perspectives on a very specific area of workplace violence i e when the danger threat es from clients customers and members of the public etc'

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June 2nd, 2020 - krav maga is the israeli defense force s system for unarmed defensive tactics and survival krav maga was developed by imi lichtenfeld who served as the very first mander of the idf s hand to hand bat and physical fitness training section his system became the official hand to hand bat system for the entire israeli defense force including the special forces and remains the''**extreme survival krav maga solution to active shooter**

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June 6th, 2020 - krav maga is a self defense system developed in israel it was initially developed to teach military conscripts practitioners shy away from calling it a martial art style because it does not subscribe to the ideals that conventional martial art forms subscribe to it is a fighting technique that has evolved over the past 70 years it can be applied in bat situations and in situations that'

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June 3rd, 2020 - in krav maga extreme survival solutions to active shooter scenarios were filmed using students in a boston area school and in the section of workplace violence office buildings were used'

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May 19th, 2020 - extreme survival the krav maga solution to active shooter carjacking and home invasion situations'

'gershon ben keren author of krav maga

April 28th, 2020 - gershon ben keren born 1972 is a krav maga instructor amp self protection specialist who teaches krav maga in boston massachusetts he currently holds a 5th degree black belt and received both his black belts and teaching certifications in israel in 2010 he was inducted into the museum of israeli martial arts in herzilya israel'

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May 21st, 2020 - krav maga tactical survival builds on gershon ben keren s first book krav maga real world solutions to real world violence and like it was shot in full color using dynamic attackers in the locations where real life assaults occur this is just one of the ways these books differ from other krav maga and self defense books'

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May 20th, 2020 - krav maga extreme survival should you judge a book by its cover in the case of krav maga extreme survival by gershon ben keren absolutely for the cover has pictures of a surprised quartet of people at a dining table faced by a man pointing a gun at them a car jacker with a knife and two people in a toilet defending themselves against someone with a knife with whatever is to hand'

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May 1st, 2020 - krav maga real world solutions to real world violence presents a no nonsense approach to neutralizing attackers in close quarters author gershon ben keren explains the philosophy behind the krav maga method which is the basis of the israel defense force s idf devastating close bat system'

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